



# Women's Centres Connect

A PROVINCIAL ASSOCIATION OF WOMEN'S RESOURCE CENTRES

We provide  
**Front-line**  
**Acute,**  
**Urgent,**  
**Preventative &**  
**Educational**  
**Services**



# Total Numbers Across NS

**3352+** Individual Women And Adolescent Girls  
Came to **Us** for Support Counselling & Crisis  
Intervention

Equates to

**27,654 +** Caring Contacts with our Staff or 11% of  
all Females in rural Nova Scotia

# Summary of Impact across NS

Services	# of individuals	# of contacts
<b>Support Counselling and Crisis Intervention</b> <ul style="list-style-type: none"><li>• One-on one counselling;</li><li>• Crisis intervention</li><li>• Drop-in; and</li><li>• Support groups</li></ul>	3002	5018
<b>Advocacy and Accompaniment</b> <ul style="list-style-type: none"><li>• Court accompaniment;</li><li>• Systems navigation;</li></ul>	1031	905*
<b>Information and Referrals</b> <ul style="list-style-type: none"><li>• Legal information; Primary health issues; Financial security;</li><li>• Community-based services; Employment Support; and</li><li>• Addiction, health and mental health services</li></ul>	1155	2483

# Summary of Impact across NS

Programs	# of individuals	# of contacts
Life-skills and personal development; Family and youth; Self-expression and leisure; Poverty relief and food security; Housing; Economic development and self-sufficiency; Sexual violence prevention and intervention; Health and wellness; Healthy relationships; and Sexual assault services	1675	6802
Out Reach	174	562

# Summary of Impact across NS

## Community Engagement/ Education

How to Respond to Disclosures  
In's and Out's of Consent  
Women and Pandemic  
PCWRSAC information session  
Resilience and Women in Recovery  
Sexual Exploitation  
Healthy relationships, self-esteem, violence prevention programs;  
Women, their families, and poverty; and  
Primary health issues/social determinants of health

# of individuals

# of contacts

3262

3279

# Summary of Impact across NS

## Community Development Initiatives

Interagency committees;  
Social advocacy;  
Housing and homelessness projects;  
Food security and anti-poverty initiatives;  
Sexual assault service development;  
Violence prevention;  
Multicultural linkages;  
Social research/Action research; and  
Healthy community initiatives

# of Meetings Attended

1361

**(Avg of 151 Meetings per ED  
with Community partners)**

# No Increase in Funding Since 2014

## Have Not Been Granted CPI raises

- ▶ **\$205,716** + CPI 1.05% = \$207,871.20 for 2015
- ▶ 2015+CPI 1.36%= \$ 210,689.24 for 2016
- ▶ 2016+ CPI 2.05%=\$215,000.19 for 2017
- ▶ 2017 + CPI 2.16%=\$219,641.67 for 2018
- ▶ 2018+ CPI 1.5%= \$222,957.02 for 2019
- ▶ 2019+CPI 2.16%= 227,764.27 for 2020
- ▶ 2020+CPI Predicted %= **\$ 231,659.12 for 2021**

- ▶ Average hourly rate for our staff is \$18-25,
- ▶ On average, Centres have a \$50,000 shortfall to coverage real expenses
- ▶ We fundraise to pay for operations (rent, heat, phones and photocopier etc.)
- ▶ Staff turn over is high based on comparably low salary
- ▶ Fundraise hijacks time = wait lists, or program delays



*“When I put my hand on the doorknob I felt like I found home...”*

*I wouldn't be where I am today without the Women's Centre. Bless you and thank you for all you do”*

*“Thank you for being an important part of our Herstory on giving 45 years of validation, education, resources and Support”*

*“Women's Centre's save lives, have saved my life, blessed and grateful for the women who come through here for classes.*

*Just to know there is this space, to come as I am. It's a space to look for equality and celebrate all our differences.”*

*“Happy you are there. Sad that you still need to be” “Wonderful work! Thank you all!*

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*Thank-you For Your Help In  
Advocating For The Women  
And Children In Need, In  
Nova Scotia*

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